

Join the Lower Capilano Residents Community Association on Sunday, August 19 for their first annual **‘Interpretive Walk on the Bowser Trail’**. Experts on trees, wildlife, local history and long time community members will be your guides. Everyone is welcome so join us at the bottom of the Zig Zag stairs at 1:30 p.m. for some fresh air, exercise on this one-hour leisurely walk. For more information, please call Hugh Murray at 604-987-4240

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