



## Disc golf fever

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Q How do you play?

AUnless there is a tournament, just show up at a course and start playing, no tee time needed. Most

holes are par-3 (players were more lenient on the rules when this reporter and firsttime disc golfer took a turn), and a typical 18-hole course takes about two hours to play. But Kim Scott-Wood, the highest-ranked PDGA player in Canada, jokingly warns that the game can be addictive: "I hear the chains in my sleep." What won't you hear on a disc golf course? Fore! You're free to shout anything you want if your disc is going to bean someone in the head.

Q Who can play disc golf?

A Everyone, says Mr. McGoey. Most courses are free to use, including the one at E.T. Seton, and discs are inexpensive. "People can get started with this game for \$10. You can buy one Frisbee and get out to a park like E.T. Seton, park for free, and you could spend all day here and have a picnic." He says age isn't a factor either: "I've literally seen 80-yearold women playing in Japan," he said. "They're not throwing it very far, but it's a social sport just like ball golf."

Q Why E.T. Seton Park? Proximity. Mr. McGoey wan

A Proximity. Mr. McGoey wanted to create an east-end alternative to the city's two other courses, which are located on Ward's Island and Centennial Park in Etobicoke. Bob Crump, manager of parks for North York, says E.T. Seton is a popular park, but is large enough to accommodate a disc golf course. "They mapped it out in a way that wasn't going to cross any pathways so there wasn't going to be any conflict with pedestrians or any bicyclists. It's completely contained within the turf areas," he says. The course is playable, but still technically under construction: Mr. McGoey says permanent tee pads and signage will be installed either in the fall or next spring.

Q Can I start my own sports club in a city park?

A Maybe, but it might be harder now that the city is reviewing its parks plan. "This predated a lot of the work we're doing on the parks plan. There would probably be a much more stringent vetting process if something came forward now," says Mr. Crump, adding that the disc golf course was considered viable because it was funded independently through a \$15,000 grant from the Ontario Trillium Foundation. "This particular project and the costs associated was not within [the Parks and Recreation] budget, but they were willing to partner because they thought it was a great idea," says Mr. McGoey, adding that the city installed the equipment.

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