

Subject: NOTICE OF MOTION - PREVENTIVE HEALTH CARE

Date: Wed, 14 Jul 2004 09:22:28 -0700

From: "Ernie Crist" <ernie_crist@dnv.org>

To: "Nathalie Valdes" <Nathalie_Valdes@dnv.org>

CC: "Mayor and Council - DNV" <Council@dnv.org>, "Senior Management Committee" <managecomm@dnv.org>, "FONVCA (E-mail)" <fonvca@fonvca.org>, <Cagebc@yahoo.com>, <barnesmm@shaw.ca>

NOTICE OF MOTION -

NOTICE OF MOTION - REPORT COUNCILLOR CRIST-

TO MAKE EXERCISING IN BOTH PUBLIC AND/OR PRIVATE RECREATIONAL FACILITIES AN INTEGRAL PART OF PREVENTIVE HEALTH CARE AND MAKE FEES FOR EXERCISE PROGRAMS IN BONA FIDE PUBLIC OR PRIVATE RECREATION FACILITIES TAX REFUNDABLE;

Recommendation:

That a letter, under the signature of the Mayor of the District of North Vancouver, be sent to the Prime Minister of Canada, Paul Martin, the Premier of British Columbia, the honorable Gordon Campbell and the BC Minister of Health requesting implementation of the recommendation contained in the following resolution.

Whereas our existing health care system is strained to the limit;

And Whereas it is estimated that 40 % of all patient visits to medical doctors are the result of stress related ailments;

And Whereas regular physical exercise and a healthy lifestyle could prevent most if not all such illnesses;


And Whereas it is documented that money spent on preventive health care, such as regular exercising, is extremely cost effective and can result in large savings in health care costs

And Whereas most of the larger municipalities, cities and towns in British Columbia have either private and/or public sport and recreation facilities which lend themselves to such exercise programs

Therefore be it resolved that the Government of Canada and the Government of British Columbia

- 1) officially adopt the stance that regular exercising in municipal and/or private sport and recreation facilities under the supervision of qualified staff is an integral part of the preventive health care system;
- 2) encourage and mandate the medical profession to prescribe regular and appropriately supervised physical exercise programs in both private and public health and recreation facilities
- 3) make fees for such programs (up to a limited amount) tax refundable

Submitted by
Ernie Crist

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