Subject: [Fwd: Just another Victim] Date: Thu, 29 Sep 2005 14:28:21 -0700 From: Brian Platts <br/> <br/> bplatts@shaw.ca> To: Corrie Kost <kost@triumf.ca>

----- Original Message ------**Subject:** Just another Victim

Date: Thu, 29 Sep 2005 10:14:05 -0700 From: M E Craver <mecraver@shaw.ca>

To: "FONVCA (E-mail)" <fonvca@fonvca.org>

This does not need any explanation. Local rider; extensive injuries. Introduce your children to mountain biking. It's a healthy sport. Courtesy of the NSMB.com

--Monica Craver--

Yesterday, 07:52 PM

Smoke Pot Stirrer



Join Date: Nov 2002 Location: Deep Cove Posts: 1,038

Offline

## **Just Another Victim**

--OR-- "How the Mighty Have Fallen"

So, I finally had a bad enough crash this week to put me in the hospital. It's been a few years (the last time was when I got t-boned by Lee in the late 90's, and before that I managed to pop a lung going uphill back in about 1989....).

Anyway, A-Line claims another. Ironically, it was during sweep, and I thought I should slow it down a bit on that shale straightaway. Bad call. Full speed pinball ejectamenta into the boulders on the right. I'd hazard a guess that I was clocking around 50km/h on impact.

At any rate, I got off pretty lucky. Final tally (after two days of hanging out in ER's):

- 2 broken ribs
- 1 hematoma
- several abrasions
- one peeled back thumbnail
- strained shoulder
- strained groin/hip adductor thingy
- bruised kidney (incl. blood in urine)
- bruised liver

I'll be back on it next week.....or so.



Bush Pilot t-shirts and jerseys are now available.

**VIEW THEM HERE** 

E-Mail Me

"Just because I chatted with you on NSMB.com, doesn't mean I have to ride with you today."







**#1** 

9/30/05 10:38 PM 1 of 1