Subject: FW: MVOX Multicultural Media Digest

Date: Mon, 29 Aug 2005 09:46:37 -0700 From: "Ernie Crist" <ernie_crist@dnv.org> To: <fonvca@fonvca.org>, "Mayor and Council - DNV" <Council@dnv.org>, "Senior Management Committee" <managecomm@dnv.org>

From: Ernie Crist Sent: Monday, August 29, 2005 8:10 AM To: 'pat@mvox.ca' Subject: RE: MVOX Multicultural Media Digest

Dear MVOX:

The solution to Canada's Health Care problem is very simple. It is one which I have advocated for years but without success for the simple reason that Canada's Health system has been corrupted by the medical profession and the pharmaceutical industry who do not want people be really healthy but rather sick so they can make money. You don't make money when people are healthy and money is what this is all about. Your contention that this is about various needs and that immigrants have different needs is of course nonsense.

The solution is to make fees for exercise programs in both private and municipal bona fide recreation facilities such as gymnasiums, weight rooms and swimming pools etc tax deductible. This would encourage people to exercise since it is free. The annual cost to a municipality for each and every persons is \$ 3 to \$ 4 hundred dollars per year. This is for a yearly membership. However, since for every dollar invested, the government saves \$ 7 dollars in actual health care costs it does not require a genius to figure out that this is a very good deal.

Also, remember that more than 40 % of all doctor visits are stress related. To make exercising part of the preventive health care system is the way to go. In cases where a doctor can see that the person suffers from a stress related disease or symptoms he/she would order the patient to go and exercise at a bona fide recreation facility where they have trained personnel. This would certainly be cheaper and more effective then giving people medication and say I'll give you this pill, come back in two weeks and if it does not work I will give you another pill which means that I the doctor win because you have to come back and this is what this is all about not to mention the benefits to the pharmaceutical industry.

Nothing will happen of course and the only reason why I am telling you this is because there is no use sending my your material when in you, along with the medical profession and the pharmaceutical industry and various levels of bureaucracy are not really interested in a solution for the reasons outlined above.

Yours truly,

Ernie Crist, Councillor District of North Vancouver

P.S. As a corollary I found a story in today's Province extremely interesting. It shows just how utterly backward we are in this Province. A developer has or is building a housing development on the shores of Shuswap Lake. He wants to pour the sewage from the development into the Lake. The people are objecting since this is also the source of their drinking water. However, the Provincial Government and the Ministry of Health is refusing to get involved. So far it looks as if the developer will win and the people will suffer. I mention this to show you the real face of the BC government. From: M V O X [mailto:pat@mvox.ca]
Sent: Monday, August 29, 2005 5:26 AM
To: DNVCouncil
Subject: MVOX Multicultural Media Digest

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MVOX MULTICULTURAL MEDIA DIGEST
Bridging B.C.'s Diversity VOLUME 5 -- August 29, 2005

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Canada's wealth of people is what gives this country its edge. Our diversity has given us an economic edge to compete in the world in a manner far beyond our numbers, allowing us to speak in the languages of our trade partners because Canadians come from everywhere. Plus, valuable natural resources help.

But economic wealth is not Canada's most distinguishing characteristic. While most people in the world would recognize Canada as a rich country, it is our people who seal our reputation. It is not our diversity alone that Canadians are noted for, but the very unique society this diversity has helped to create.

It has been a long path from a Confederation of provinces replete with institutionalized racism, to the country we are today, which gives the world a model of legislated equality and judicial human rights oversight. But it is too soon to define Canada. We are still creating this country and it is changing, in ways that are tangible and obvious, and in ways that are abstract and subtle.

There are, too, those Canadians who believe we are on the wrong path. The vision of Canada we see evolving is not the Canada they would seek.

For most Canadians, however, the Charter Age, multicultural, pluralist, multilinguistic society we see today is a source of vast and growing pride.

This country is far from perfect. In every human endeavour, there is failure. The ideals we seek, whatever they may be, are inevitably ideals, usually unattainable. Yet we strive to live up to them.

MVOX is a new place for Canadians who strive to live up to our ideals. We do not hide from the racism or the poverty around us, but we do idealize a Canada and a world of which we can be proud.

We cling to the hope that eyes will open to the beauty of diversity, that there will be a flourishing of unity of purpose through the celebration of difference.

Regardless of ability, origin, means, gender, race, faith, orientation or any of the identifiers with which we proudly modify our Canadianness, it is becoming clearer that Canada has created something excitingly unprecedented in the family of nations - a family of nations.

Each issue of MVOX brings together a spectrum of ideas that reflect the diversity Canadians strive to preserve and enhance. Though the wishes expressed in the weekly columns of the editor and publisher may strike an optimistic and hopeful note, the reality of the many stories in this and every issue of MVOX reflect, to some degree, Canada's continued reality of discrimination, want, recrimination and disunity.

This issue also contains stories of redress, rapprochement and the endless striving for the improvement of the human condition.

Canadians are honing a language of our own, through which people who meet in this place share our stories.

MVOX brings together the voices of Canadian diversity. By doing so, we hope to make our national conversation easier. This is the ideal for which we strive.

Sincerely,

Pat Johnson, Editor

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* ARCHBISHOP RECOVERING

Vancouver's archbishop announces over the weekend that he is depressed and, although he expects a full recovery, will take several months off from his duties.

Read the full story...

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* HU'S COMING TO CANADA

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The Canadian government says a visit by the Chinese president will aid B.C.'s economy and Canadian trade, but the Asian Pacific Post laments the relationship between Canada and "one of the world's worst dictators."

Full story...

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* MUGESERA APPEAL OVERTURNED

The Supreme Court of Canada reinstates the deportation order against a Rwandan accused of inciting genocide.

Full story...

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* SUDANESE MOURN

A local memorial service is slated for Sudan's vice- president, who died in a helicopter accident.

Full story...
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* ORDINATION CONDEMNATION

Condemning the ordination of women, a local Catholic leader says "...ladies cannot ignore the Catholic Church's rules..."

Full story....
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* CZECH THIS

Czech and Slovakian Canadians urge visa reforms, professional credentialing and solutions to homelessness.

Full story...

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* CANADA'S FINGERPRINTS ON DARFUR

A Canadian correspondent at the UN says Canada's fingerprints are all over this year's progress against the humanitarian disaster in Sudan's troubled region of Darfur.

Full story...

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* ESTONIAN REUNION

Estonians from Western North America met here this month, renewing ties and lamenting the fate of some fellow Finno-Ugric peoples.

Full story...

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Canada's dramatic new embassy in Germany is a public-private partnership.

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* PUNJABI POLITICS

A national newspaper in India reports that separatism is no longer a central issue for Canadian Sikhs.

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* ITALIAN BALLOTS

Allowing Italians abroad to vote in elections raises diplomatic and technical issues.

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JEWISH CANADIAN LIT

CONTEMPORARY JEWISH WRITING IN

CANADA<<u>http://ih.constantcontact.com/fs021/1100878599422/img/20.jpg?a=11</u>01066956687>

If you skip the introduction, writes a reviewer, a new anthology of Canadian Jewish writing is a pleasure.

Full Story...

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* WALK FOR A CHILD

Family Services Walk for a Child and support for parents of learning disabled kids on September agenda.

Full story...

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* ROUNDUP: BUSINESS AND ECONOMICS

Chinese city seeks Canadian IT pros, Canada gets direct Guyana flights, ScotiaBank's India deal may collapse and the Voice tells racists to smell the curry.

Full Story...

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* FIRST NATIONS HR

Vancouver conference slated on human resources in Aboriginal organizations.

Full story...

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* PUBLISHER'S NOTE

STEVEN

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Has there ever been a person who could be summed up by one hyphenated word?

"Identity" is a massively complex concept that can not be adequately addressed in a few words. Like many Canadians, I immigrated from a country and a region of the world that has known but brief respites of peace. This past informs my immigrant identity, which is one of the things that defines me. But it is far from the only thing.

Every Canadian-by-choice has a unique story of how our pasts led to our present. But every Canada-born Canadian has a complex story, too.

Each of us has been formed by a unique set of circumstances and

ancestries.

The various nations from which Canadians have come have left their indelible and distinctive traces upon us. Yet it is not solely ethnicity or heritage that distinguishes our complex identities, it is myriad attributes. Within Canada is a universe of peoples, but within each person is a galaxy of identities.

We are not just Canadians, or hyphenated- Canadians, of one form or another. We are those things, but we are more. We are also people who struggle with faith and doubt. We are people born with different abilities, people who love in many different ways, people of different interests, passions, ideas and secret dreams.

Definitions are becoming increasingly complex. The hyphenated Canadian has become hyper- hyphenated, defining ourselves by a long litany of identifiers, some of which might relate to multicultural heritage.

This increasing complexity may be confusing. I know it is difficult for some. But this complexity is a positive development that reflects a growing maturity in our self-identity as individuals and as a country. Complex entities, like individual human beings, embody a great range of characteristics and traits, beyond race or heritage. We cannot be summed up by a mere hyphenated word.

Race and cultural allegiance still matter very much to Canadians -because we want them to matter. We do not invite people into Canada and then insist they diminish their unique heritage. We seek to celebrate our various histories and, through that, nourish an ever-changing, growing and dynamic new culture that includes, but does not subsume, the old.

Canadians are imbued with the diversity of our various ethnic or cultural heritages, but we are defined by a much broader complex of identities.

MVOX brings together voices that reflect these complex identities. Have you joined the conversation?

Sincerely,

Steven RodRozen,

Publisher

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* A PEEK AT APEC

Canada prepares for November's Asia Pacific economic summit.

Full story...

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* NEWS ROUNDUP

In GENDER PERSPECTIVES

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<<u>http://rs6.net/tn.jsp?t=p78ilobab.0.84wslobab.5hvuxibab.370&p=http%3A%2</u> F%2Fwww.mvox.ca%2Faug29%2FRU-GLBT.html> news: Charges in violent assault in gay village and community confronts crystal meth problem.

MIGRATION NEWS

<http://rs6.net/tn.jsp?t=p78ilobab.0.74wslobab.5hvuxibab.370&p=http%3A%2 F%2Fwww.mvox.ca%2Faug29%2FRU-IMMIGRANTS.html> this week includes: New help for immigrants seeking work and a UBC program offers training for immigration practitioners.

In the MULTICULTUALISM MISCELLANY

<<u>http://rs6.net/tn.jsp?t=p78ilobab.0.64wslobab.5hvuxibab.370&p=http%3A%2</u> F%2Fwww.mvox.ca%2Faug29%2FRU-MULTICULT.html> file: Finns sing Oi Kanada!, Marlee Matlin here next week, diversity in education, Afrikadey 2005, a refugee's story, a feng shui fundraiser and the Jamaican Love Walk.

* UKRAINIAN REDRESS

The impacts of domestic war measures on Ukrainian Canadians and other minorities is being addressed through a new program announced last week by the federal government and representatives of Ukrainians in Canada.

Full story...

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